```
### show instructions in the terminal window for how to play inChuck
echo "-----"
echo "Welcome to inChuck. You perform inChuck by adding melodic
\"processes\""
echo "to the system, indicating which process, how many times it
should be played,"
echo "and in what register. To add a process to the piece, type:"
echo " "
echo "chuck + x:y:z"
echo "
echo "where:"
echo " x is the process number (1 - 19),"
echo " y is the number of repetions (8 is default), and"
echo " z is the octave (2 - 7, 4 is middle register and default)."
echo "Example: chuck + 3:10:5 plays process #3 ten times an octave
above middle C"
echo " "
echo "Play the processes in sequence. Start at process 1. You are
encouraged to "
echo "repeat a process, but you should not go backwards. Focus on one
process for"
echo "between 30-60 seconds."
echo " "
echo "Take your time and listen to what others are doing. Make sure
you sustain the"
echo "ensemble's sound density. Most importantly, have fun."
echo "When you have reached process #19 and are done, type \"chuck --
kill\"."
echo "If you are the pulse, start now by typing:"
echo "chuck + pulse*"
echo "
echo "EMERGENCY: If chuck crashes, or you are unable to proceed, type
the following:"
echo " "
echo "sh restart_inchuck.sh"
echo "This should kill all instances of chuck, and then restart the
chuck loop."
echo "-----"
```